WEEK 1

MONDAY
Grilled Chicken/Pineapple, Rice Pilaf, Whole wheat roll, Brussels sprouts, Sliced Peaches, Cookie

TUESDAY
Country Fried Beef Patty, Mashed Potatoes, Raisin Cinnamon Bread, 4 way Veggie Mix, Apple, Nutty Bar

WEDNESDAY
Chicken Salad, Barley Salad, Crackers, 4 Bean Salad, Fruit Cocktail, Yogurt

THURSDAY
Italian Red Sauce with turkey, Cavatappi Pasta, Bread, French cut Green Beans, Orange, Nutty Buddy Bar

FRIDAY
Pollack Patty, Sweet Potatoes Coleslaw, Collard Green Mix, Raisins Grain Bar

SATURDAY
Pork Loin With Spliced Apples, Red Skin Potatoes, Whole Wheat Roll, Glazed Carrots, Apple Sauce, Chocolate Pudding

WEEK 2

MONDAY
Salisbury steak, Mashed Potatoes, Bread, Peas & Carrots, Sliced Peaches, Nutty Bar

TUESDAY
BBQ Pulled Pork, Bake Beans, Bun, Coleslaw, Apple Sauce, Grain Bar

WEDNESDAY
Chicken Parmesan, Pasta, Bread, Italian Blend, Tropical Fruit, Cookie

THURSDAY
Creole Seafood Stew, Yellow Rice, Cornbread, 4 Way Veggie Mix, Apple, Grain Bar

FRIDAY
Salmon Salad, Potato Salad with eggs, Crackers, Pickled Beets, Pineapple Tidbits, Yogurt

SATURDAY
Baked Chicken Breast, Seasoned Potatoes Wedges, Wheat Roll, Green wax beans & Carrots, Fruit Cocktail, Rice Pudding Cocktail, Grain Bar

WEEK 3

MONDAY
Grilled Chicken, Penne Pasta with peas, carrots, in a white sauce, French Cut Green Beans, Tropical Fruit, Yogurt

TUESDAY
Meatloaf with gravy, Mash Potatoes, Raisin Cinnamon Bread, 5 Way Veggie Mix, Apple sauce, Tapioca Pudding

WEDNESDAY
Chicken Salad, Pasta Sala, Crackers, 4 Way bean salad, Pineapple Tidbits, Cookie

THURSDAY
Cubed Beef Steak, Mash Potatoes, Bread, Green Wax Beans, Apple Sauce, Nutty Bar

FRIDAY
Salmon Patty, Sweet Potatoes, Coleslaw, 4 Way Veggie mix, Raisins, Yogurt

SATURDAY
Diced Chicken with cream sauce, Tortellini Pasta, Wheat Roll, Brussels Sprouts, Fruit Cocktail, Grain Bar

WEEK 4

MONDAY
Pork Stew, Rice, Bread, Red Cabbage, Apple sauce, Nutty Bar

TUESDAY
Stuffed Cabbage, Mashed Potatoes, Wheat Roll, Succotash, Tropical Fruit, Cookie

WEDNESDAY
Chicken Paprika with egg noodles, Bread, 5 way Veggie, Pineapple Tidbits, Nutty Bar

THURSDAY
Swedish Meatballs, Mashed Potatoes, Bread, Peas and Carrots, Cranberry Sauce, Yogurt

FRIDAY
Seafood Salad, crackers, Pickled Beets, Raisins, Grain Bar

SATURDAY
Bake Chicken Breast, Red Skins Potatoes, Wheat Roll, Coleslaw, Fruit Cocktail, Rice Pudding

Disclaimer: Menu Items may vary.