



Meals On Wheels Needs Your Help To Make The Holidays Special For Physically Challenged Residents.

Seeking Small Gift Donations To Place In 500 Holiday Bags.

SARASOTA – November 7, 2016 – While the holiday season is filled with joy, for many homebound residents, it can be one of isolation. To give hundreds of physically and mentally challenged residents holiday cheer this season, Meals on Wheels is seeking small gift donations to place inside its holiday bags for clients aged six to 103.

“Many take for granted the ability to get in a car or walk to a local shop for the things we need in our everyday lives,” says Marjorie Broughton, executive director, Meals on Wheels Sarasota.

“Since our clients don’t have the physical skills to do the shopping they need, we ask for the community’s help by donating small gifts we can place in 500 gift bags for delivery to our homebound clients the week of December 19.

“We appreciate – and I know our clients do - any support the community can provide this holiday season.”

Meals on Wheels is looking for new/un-used items such as:

- Books/Magazines/Puzzle Books
- 2017 Calendars
- Christmas / Holiday Gifts (Pins, Scarfs)
- Coin Purses
- Flashlights (Small)
- Light Blanket
- Nail Files/Clippers
- Note Cards/Small Writing Tablets
- Notebooks
- Notecards
- Pens/Pencils
- Personal Items Such As Toothbrush (Soft) Or Toothpaste
- Playing Cards
- Reading Glasses
- Shampoo/Conditioner (Small)
- Slippers
- Socks
- Stamps
- Tissues

Items may be delivered to Meals on Wheels offices at 421 North Lime Avenue during the hours of 10 to 3, Monday through Friday or 9 to noon Saturday. Please do not leave the items during non business hours.

For additional information, please call Meals on Wheels of Sarasota at 941-366-6693 – Volunteer Coordinator.

About Meals On Wheels

Feeding Sarasota's hungry, disabled and homebound since 1971, Meals On Wheels is a local, community based nonprofit that delivers 160,000 nutritious meals per year to persons in need who are unable to provide or prepare a meal for themselves in their home.

MOW's services are geared towards those with the greatest physical, social and economic need who want to remain independent in their own homes but cannot shop or prepare meals for themselves because of a physically-challenged health condition.

For more information on Meals On Wheels, its mission and volunteering, please visit www.mealsonwheelsofsarasota.org.